

Refer to these checklists to help you use your child car seat correctly.

Rear-facing Checklist

- ☐ Read manuals for vehicle and child car seat
- ☐ Child car seat is located on an appropriate forward-facing vehicle seat
 - not in front of an active air bag
 - middle rear preferred
- ☐ Seat belt or UAS (Universal Anchorage System) is in the correct belt path (closest to the back of the vehicle seat)
- ☐ Seat belt is locked
- ☐ Child car seat is secured tightly (one inch movement or less) at the seat belt path
- ☐ Child car seat is reclined to 45°
- ☐ Harness slot is below child's shoulder
- ☐ Harness is fastened (both latches secure)
- ☐ Harness is snug (one finger or less at collarbone)
- ☐ Chest clip is at armpit level
- ☐ Check handle position


Forward-facing Checklist

- ☐ Read manuals for vehicle and child car seat
- ☐ Child car seat is located on an appropriate forward-facing vehicle seat (rear middle preferred)
- ☐ Child car seat is upright (recline leg in correct position, nothing under child seat)
- ☐ Seat belt or UAS in the correct belt path (closest to the back of vehicle seat)
- ☐ Seat belt is locked
- ☐ Child car seat is secured tightly (one inch movement or less) at seat belt path
- ☐ Tether is attached to proper anchor
- ☐ Tether is snug
- ☐ Harness slot is above child's shoulder
- ☐ Harness is fastened (both latches secure)
- ☐ Harness is snug (one finger or less at collarbone)
- ☐ Chest clip is at armpit level

We're here to help.

BCAA Child Passenger Safety Program provides information to help make sure your children are safer while traveling on BC roads.

 Click
bcaa.com/carseatsafety

 Call (toll-free)
1.877.247.5551

 Email
roadsafety@bcaa.com

This information is available in other languages at bcaa.com.

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Choosing the Right Child Car Seat

BCAA Child Passenger Safety Program



Which car seat is right for your child?

Birth to one year

Until at least one year of age and 10 kg (22 lbs) your child must use a harnessed rear-facing child car seat when traveling in a vehicle.

- Rear-facing child car seats support and protect the child's head and spine in the event of a crash.
- **A rear-facing child car seat must never be used in a front passenger seating position that has an active air bag.**
- Refer to the rear-facing checklist on the back of this brochure for advice on installation and harnessing.



Over one year

If your child is over one year old and at least 10 kg (22 lbs) they may be able to use a forward-facing child car seat. **Always check the child seat manual instructions.**



Note: It is recommended that your child remain rear-facing as long as possible within the seat's rear-facing weight range. Check the child seat manual for the rear-facing weight limit.

- Change to a forward-facing child car seat when your child reaches the rear-facing weight and height limits, or when your child's head is within 2.5 cm (1 inch) of the top of the child seat. If your child outgrows an infant-only seat, they can move into an infant/child seat and use it to the rear-facing weight and height limits.
- Your child must continue to use a forward-facing car seat until they weigh at least 18 kg (40 lbs).
- Refer to the forward-facing checklist on the back of this brochure for advice on installation and harnessing.

Under nine years

Once your child has reached 18 kg (40 lbs) they can either remain in a harnessed forward-facing child car seat or use a booster seat.

Note: It is recommended that children under four years old remain in a harnessed forward-facing child seat.

- Booster seats are for children over 18 kg (40 lbs) until they are nine years old or have reached a height of 145 cm (4'9").
- A booster seat raises the child to correctly position the seat belt over the shoulder and across the chest and hips.
- Booster seats must be used with a shoulder/lap seat belt.

