Refer to these checklists to guide you to use your child car seat correctly.

### **Both directions of use**

- □ Read manuals for vehicle and child car seat
- □ Child seat is located on a forward-facing vehicle seat (rear middle preferred)
- Universal Anchorage System (UAS) or seat belt is in belt path closest to the back of the vehicle seat
- $\hfill\square$  Seat belt is locked
- □ Secured tight—less than 2.5 cm (1") of movement (side to side/front to back) when tested at the belt path
- □ Harness is fastened (both latches secure)
- □ Harness is snug—cannot pinch a fold in the harness at the collarbone
- □ Chest clip is at armpit level

### **Rear-facing**

- □ Not in front of an active airbag
- □ Reclined to 45°
- □ Harness is at or below child's shoulder
- □ Handle position is in the position stated in the child seat instructions

### Forward-facing

- $\hfill \Box$  Child seat is upright
- $\hfill\square$  Harness is at or above child's shoulder
- $\hfill\square$  Tether is attached to the proper anchor
- □ Tether is snug

### We're here to help.

BCAA Child Passenger Safety Program provides information to help make sure your children are safer while traveling on BC roads.

### Olick bcaa.com/carseatsafety

Call (toll-free) 1.877.247.5551



Email roadsafety@bcaa.com



# Choosing the Right Child Car Seat

**BCAA Child Passenger Safety Program** 



This information is available in other languages at bcaa.com. This information is written in plain language for use in Canada only and is intended to provide general information only. Nothing is intended to provide legal or professional advice or to be relied on in any dispute, claim, action, demand or proceeding. BCAA does not accept liability for any damage or injury resulting from reliance on the information in this publication.

1-0200-310/23

## Which car seat is right for your child?

### **Birth to one year**

For the first year, your child uses a rear-facing child car seat like the ones below.



Infant seat



Infant/child seat (convertible)

#### **Over one year**

When your child is over one year AND over 10 kg (22 lb.) they may be able to use a forward-facing child car seat. Always check the child seat manual instructions.



**Note:** Keep your child rear-facing until they reach the rear-facing weight or height limit. Check the label on the child seat or the manual for the rear-facing weight and height limits.

- When your child outgrows an infant seat, move to a rear-facing infant/child or infant/ child/booster seat.
- Move to a forward-facing seat when your child reaches the weight or height limit of their rear-facing seat.
- Keep your child in a forward-facing seat until they reach the weight or height limit of that seat.

### **Under nine years**

Once your child has reached 18 kg (40 lbs) they can either remain in a harnessed forward-facing child car seat or use a booster seat.

**Note:** Keep your child in a harnessed forward-facing child seat until they reach the forward-facing weight or height limit. Check the label on the child seat or the manual for the forward-facing weight and height limits.

- Booster seats are for children over 18 kg (40 lbs) until they are nine years old OR have reached a height of 145 cm (4'9").
- A booster seat raises the child to correctly position the seat belt over the shoulder and across the chest and hips.
- Booster seats must be used with a shoulder/lap seat belt.

