Children and Seat Belts

Nine Years and Over

Seat belts can be used once children are at least 9 years old or have reached the height of 145 cm (4’9”) tall.

Your child is ready to use the shoulder/lap belt without a booster when:

• Child’s back is against the vehicle seat back
• Child’s knees bend naturally at the front of the vehicle seat
• Child’s feet touch the floor
• The shoulder belt fits comfortably over the shoulder and across the chest
• The lap belt fits low over the hips

Safety Guidelines

• If children are less than 145 cm (4’9”) tall they may be safer in booster seats.
• Position shoulder belt over the child’s shoulder and across their chest, never behind the child’s back or under their arm.
• Position lap belt low across the child’s hips.
• It is recommended that children 12 years old and under should remain in the back seat of the vehicle.
• The back seat is the safest seating position if fitted with lap and shoulder seat belts.
• Only one child in the seat belt. Never share.

For more information contact BCAA:

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