



Holiday Bingo with Blue the Bear



Pick up litter from a park, playground or public space	Give a family member a hug	Help make a meal	Tell your family members you love them	Say "hi" to a neighbour (at a safe distance)
Make a piece of art to brighten someone's day	Set the table for dinner	Donate your allowance to a charity	Bake treats for a friend or neighbour	Say something nice to a family member
Send a virtual "hello" to a friend you haven't spoken to in a while	Make a thank you card for the mail person	FREE SPACE	Write a letter to a senior	Make a list of things you love about your family
Clean up your room without being asked	Feed the birds	Help fold and put away the laundry	Learn how to say "thank you" in a different language	Make your bed and someone else's
Learn about a different culture	Clean up a mess you didn't make	Help a family member with a chore	Paint a rock and leave it in a local park for someone to find	Tell a joke that makes someone smile

